



NEW PROGRAM ALERT:

# EPIC

*Relax your mind!  
Refresh your body!  
Recharge your spirit!*



Have you ever wanted to explore the wilderness, but don't have the skills, experience, or gear to be comfortable with a multi-day trip? Now Life Adventure Center has a new program just for you. It's called the **EPIC** Program, and we use multi-day wilderness expeditions to Engage, Empower, and Educate people from all walks of life. Come out for just a weekend or truly experience the wilderness on one of our longer trips - up to a 2 weeks. You will learn the difference between "surviving" in the woods, and "living" in the woods. The **EPIC** Program Coordinator, Chris McEachron, has been a professional backpacker for nearly 6 years, and is excited to share his experience with the residents of the Bluegrass area.



As part of this program, we also have an option called **EPIC** Scouting. This is a 5 campout program over the course of a year that is specifically designed for Boy Scouts. This year, completion of the **EPIC** Scouting program will result in five merit badges: Hiking, Cooking, Camping, Backpacking, and First Aid - three of which are required to earn the rank of Eagle Scout.

So call the office (859-873-3271) or send Chris an email ([Chris@lacbg.com](mailto:Chris@lacbg.com)) to see how the **EPIC** experience can benefit your group, or check out our Facebook page "The **EPIC** Program". Ask about our Early Bird, Large Group, and Expedition discounts. We'll see you on the trail...

