



**Life Adventure Center**  
OF THE BLUEGRASS  
ENGAGE, EDUCATE, EMPOWER



# Play Date

## WITH YOUR MATE



bluegrass  
**healthy marriage**  
initiative

(In coordination with Bluegrass Healthy Marriage Initiative)

### 2010 Play Dates:

- ♦ January 23rd - "Outdoor Barn Dance"
- ♦ March 20th - "First Day of Spring"
- ♦ April 17th - "NO Horsin' Around"
- ♦ June 11th - "My Wife...She's a REEL Catch!"
- ♦ September 11th - "Hang in There"
- ♦ October 29th - "Fall-ing in Love"

"Play Date With Your Mate" is designed to strengthen communication and to help you grow together as a married couple. Through purposeful interaction and fun activities utilizing our Challenge Course, Environmental Education, and Equine Programs, participants will have an opportunity to:

- ♦ Improve your communication skills
- ♦ Work together as a "team"
- ♦ Learn how to support one another
- ♦ Meet other married couples in our community
- ♦ Laugh & have fun!!
- ♦ Each date stands alone; join us for 1, 2, 3 or all 6 dates!

For more information or to register please contact  
Tracey Wright at: (859) 873-3271

[www.lacbg.com](http://www.lacbg.com)

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