

# Centre's EPIC Spring Break!!

Escape the stressors of class!  
Take a 5 day wilderness backpacking expedition with your friends!

No Experience?  
NO PROBLEM!

No Gear?  
NO PROBLEM!

Relax your mind!  
Refresh your body!  
Recharge your spirit!

Monday March 22<sup>nd</sup> thru Friday March 26<sup>th</sup>

Limit 6 participants, so act fast!

EPIC is a fresh, new program of Life Adventure Center!

**Only \$150 per participant**

Experience beautiful Red River Gorge as you never have before!

"Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul."

-John Muir



**Life Adventure Center**  
OF THE BLUEGRASS  
ENGAGE, EDUCATE, EMPOWER

Contact us for more details:  
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